

### **Kids Go Ride Racing event at Ras y Cob, Porthmadog**

The races will take place along the cob which will be closed to traffic on the day. Children must bring a bike in good working condition with 2 working brakes. They must also wear a helmet, gloves and appropriate clothing (no baggy trousers or skirts). All kids must be able to ride their bike unaided without stabilizers, for safety reasons.

The bike races will take place from 1:30 – 4pm with the following timetable in place:

- 1:15pm - Signing on (located by the tax office) opens for first race:
- 1:30pm - Race 1: 4-6 year olds (1 mile race)
- 1:50pm - Race 2: 7&8 year olds (1 mile race)
- 2:20pm - Race 3: 9&10 year olds (2 mile race)
- 2:50pm - Race 4: 11&12 year olds (2 mile race)
- 3:20pm - Race 5: 13&14 also 15&16 year olds (2 mile race)

*Parents will need to sign their child in 15 minutes before their race starts.*

Depending on numbers, the children might race in heats and then a final and therefore will get more than 1 opportunity to race. Race 5 will consist of a time trial (individual race against the clock) followed by a head-to-head race.

All 1 mile races will start under the finish gantry, ride on the left hand side of the road to the centre of the cob, and then ride back on the opposite side, back to the finish gantry.  
All 2 mile races will be as above but riders will ride the whole length of the cob and return to the finish gantry where they started

If you wish for your son/daughter to participate, then please read the following information. All Go-Ride coaches are fully qualified British Cycling coaches that have received training in safeguarding and protecting children, and have been checked and cleared through the Disclosure and Barring Service. All fully qualified British Cycling coaches benefit from third party public liability and professional indemnity insurance cover. Any information provided about your child will be securely and confidentially stored, processed and destroyed by British Cycling in accordance with the principles of the Data Protection Act. It will only be used for the purpose of contacting you or your child regarding future Go-Ride events and clubs where your child could get involved in cycling; or to provide you with information about British Cycling membership.

With your permission, British Cycling may also take photographs/video footage during the Go-Ride activity. These images may be used in coaching resources, presented at coaches' education courses, placed on the British Cycling website or social media, or for general publicity purposes.

If you are happy for photograph/video footage to be taken and used in this way, could you please tick 'Yes' in the photographs/videos permitted box on the signing in form on the day.

#### **Notes**

- A cycling helmet MUST be worn at all times during the activity.
- Any participants who persistently mis-behave and put others in danger will be asked to leave the activity and will not be allowed to continue.

#### **Parental consent notice**

- I have read the information contained in this leaflet and declare that I have the right to give parental consent, and hereby consent to my child taking part in the Go-Ride activity.
- I agree to be at the drop-off/pick-up point at the agreed time (if applicable).
- I confirm to the best of my knowledge that my child in my care does not suffer from any medical condition other than those detailed on the registration form.
- I confirm that I have provided details of any relevant medical conditions that may affect my child taking part in the Go-Ride activity.